

Heart, Mind, Soul and Health (includes Religious Education)

Curriculum Principles

By the end of Year 6, a student of HMSH at Dixons Manningham Primary will:

- Know the beliefs and values of the world faiths, including non-faith beliefs and their influence upon individuals, communities and cultures.
- Understand how to think critically and responsibly on their own and others' spiritual, philosophical and ethical viewpoints whilst maintaining respect for the commonality and diversity in the world around them.
- Develop a moral viewpoint on the world around them which is non-judgemental of others and allows them to become responsible citizens both within their local community and the wider world.
- Develop a vocabulary which allows them to articulate and debate their personal viewpoints, whilst maintaining respect and open mindedness of others' beliefs and views.

Our unifying 'sentence' is: *"HMSH will encompass the breaking down of stereotypes and addressing misconceptions so that children can develop and articulate a well-rounded, open-minded moral stance on the world around them"*

In order to maximise participation and enjoyment within HMSH, units of work will be carefully planned to allow progression across the year groups. Units have been intelligently sequenced in order to help students embed transferrable skills ready for secondary school, develop their cultural capital and responsibly access the wider community and world around them. The HMSH encapsulates Religious Education and PSHCE in order to create a well-rounded curriculum content in line with statutory curriculum requirements.

The sequence of knowledge is underpinned by the following strategic anchors:

- values and personal responsibility
- self determination
- debate
- deconstructing stereotypes
- healthy living

The HMSH curriculum will address social disadvantage by addressing gaps in students' knowledge and skills:

- students will develop a knowledge about different religions, cultures, beliefs and ways of life which are different to their own and develop and understanding an acceptance of these
- students will develop their cultural capital and knowledge and understanding of the world around them so that they learn to become responsible citizens within their community
- students develop a strong self-belief of who they are, what they stand for and how they can develop further
- students learn to be able to hold a viewpoint and articulate this in the best way possible to others, using a range of knowledge based language and vocabulary
- students accept that others' viewpoints and beliefs may be different to theirs and this is what makes the world around them interesting and diverse, rather than confusing or unknown
- students learn how to keep themselves healthy, both physically and mentally in order to extend their life-long wellbeing
- students feel ready and confident to enter the world around them, knowing how to keep themselves safe

HMSH Curriculum Overview

	Cycle 1	Cycle 2	Cycle 3
YEAR 1	<p>The 6 Main Religions</p> <ul style="list-style-type: none"> • What are the 6 main religions? • Why do some people choose not to have a religion? • What are the religious buildings and how are they similar/different? <p>Special Days and Celebrations</p> <ul style="list-style-type: none"> • What are the special days and celebrations in each religion? • How are they celebrated? • What are the special days in mine and my family's life? • What are the special days in my friends lives and how are they similar/different to mine? 	<p>Special Places</p> <ul style="list-style-type: none"> • What are the special places in each religion and how are they similar across different faiths? • What/where are my special places and how do my special places keep me safe? <p>Gifts & Giving</p> <ul style="list-style-type: none"> • What is Shrove Tuesday and Lent? Do other religions fast? • What is the Easter story and can you celebrate Easter if you are not a Christian? • Mother's Day and its origins • Kindness and reflection; when have we made mistakes and how can we learn from these? • How can we show kindness to others around us? 	<p>Caring For Others</p> <ul style="list-style-type: none"> • What religious stories look at people caring for one another? • How do we care for and look after people in our own family? • What is 'loneliness' and how does it affect the elderly? <p>Caring For Our World</p> <ul style="list-style-type: none"> • What does religion teach us about the world that has been created and how we should care for it? • Who's responsibility is it to look after the world around us? • Why do some religions have sacred animals? • What does 'endangered' mean and what are some of the endangered animals in our world around us? • How does this impact on us emotionally?
YEAR 2	<p>Belonging</p> <ul style="list-style-type: none"> • What does 'belonging' mean? • How can religion create belonging? • How can religion make people feel welcomed and included? • What does it feel like to be excluded and what are our experiences of this? <p>Homelessness</p> <ul style="list-style-type: none"> • What does 'homelessness' mean? • How do people end up homeless? • What are the stereotypes linked to being homeless and the feelings attached to this? • Where does charity support come in? • How can religion support vulnerable people who are homeless and what religious based charities are there? 	<p>Special Places</p> <ul style="list-style-type: none"> • What are the special places in each religion and how are they similar across different faiths? • What/where are my special places and how do my special places keep me safe? <p>Gifts & Giving</p> <ul style="list-style-type: none"> • What is Shrove Tuesday and Lent? Do other religions fast? • What is the Easter story and can you celebrate Easter if you are not a Christian? • Mother's Day and its origins • Kindness and reflection; when have we made mistakes and how can we learn from these? • How can we show kindness to others around us? 	<p>Caring For Others</p> <ul style="list-style-type: none"> • What religious stories look at people caring for one another? • How do we care for and look after people in our own family? • What is 'loneliness' and how does it affect the elderly? <p>Caring For Our World</p> <ul style="list-style-type: none"> • What does religion teach us about the world that has been created and how we should care for it? • Who's responsibility is it to look after the world around us? • Why do some religions have sacred animals? • What does 'endangered' mean and what are some of the endangered animals in our world around us? • How does this impact on us emotionally?
YEAR 3	<p>Religious Buildings, Signs and Symbols</p> <ul style="list-style-type: none"> • Where can people pray and how are these places similar? • What are the important signs and symbols across each religion and how may these also be important to me? • What is important to me in my life right now and how is this similar/different to others around me? • Is it OK to invest importance in different things to others? <p>Special Days and Celebrations</p> <ul style="list-style-type: none"> • The different rituals around birth and death 	<p>Special Books and Significant Stories</p> <ul style="list-style-type: none"> • What are each of the religious Holy books and why are they important to people in that faith? • A look at stories across religions which teach about kindness and being helpful; • Who was the Good Samaritan? • What can we learn from this story and how can it impact on how we live our lives? • Who are the real life good Samaritans in our world and what do they do? • What other religions have similar stories to the Good Samaritan? <p>Muslim Prayer</p> <ul style="list-style-type: none"> • Why do Muslims stop and pray? 	<p>Caring For Others</p> <ul style="list-style-type: none"> • The importance of charity across religion and what are the local charities in our community? • How do charities locally help people in Bradford? • How can we show charity to people locally e.g. the elderly, homeless? <p>The Influence of Art and Music</p> <ul style="list-style-type: none"> • How is art used in Christianity and how has it been used to influence peace? • How is music used across religion and what emotions does it draw on? • Mindfulness techniques and mental health; music, art and relaxation

	<ul style="list-style-type: none"> • What are wedding rituals and how are these different across different faiths and non faiths? • Why do people get married and is there one 'right way' to carry out a wedding? • What does 'remembrance' mean? • How and why do people make sure they remember key things in their lives such as weddings, births and deaths? • What is Remembrance Day and why do we celebrate it? 	<ul style="list-style-type: none"> • How does prayer bring people closer together? • Key words and concepts to prayer • Similarities across Islamic prayer and prayer in other religions • The story of Bilal the first black Muslim • Anti-racism in religion - does skin colour determine what religion you are? • Can you tell if someone has, or what religion someone is just by looking at them? • Should we 'judge a book by its cover' in other walks of life? 	<ul style="list-style-type: none"> • How can I use mindfulness to help my own mental wellbeing? • How do different types of music create different emotions and when can music be used to express these?
YEAR 4	<p>Religious Buildings, Signs and Symbols</p> <ul style="list-style-type: none"> • Where can people pray and how are these places similar? • What are the important signs and symbols across each religion and how may these also be important to me? • What is important to me in my life right now and how is this similar/different to others around me? • Is it OK to invest importance in different things to others? <p>Special Days and Celebrations</p> <ul style="list-style-type: none"> • The different rituals around birth and death • What are wedding rituals and how are these different across different faiths and non-faiths? • Why do people get married and is there one 'right way' to carry out a wedding? • What does 'remembrance' mean? • How and why do people make sure they remember key things in their lives such as weddings, births and deaths? • What is Remembrance Day and why do we celebrate it? 	<p>Special Books and Significant Stories</p> <ul style="list-style-type: none"> • What are each of the religious Holy books and why are they important to people in that faith? • A look at stories across religions which teach about kindness and being helpful; • The Bible story of The Golden Rule; treating others how you want to be treated • What can we learn from this story and how can it impact on how we live our lives? • How do Buddhists interpret and use The Golden Rule? • What other religions have similar stories like The Golden Rule? • How can people with no religion still live by this rule? <p>Muslim Prayer</p> <ul style="list-style-type: none"> • Why do Muslims stop and pray? • How does prayer bring people closer together? • Key words and concepts to prayer • Similarities across Islamic prayer and prayer in other religions • The story of Bilal the first black Muslim • Anti-racism in religion - does skin colour determine what religion you are? • Can you tell if someone has, or what religion someone is just by looking at them? • Should we 'judge a book by its cover' in other walks of life? 	<p>Caring For Others</p> <ul style="list-style-type: none"> • The importance of charity across religion and what charities are supported by religions around the world? • How do these charities reach so many people when they are so spread out? • How can we be part of charity across the world from where we live now? • What does it mean to be a charity worker? • Viewing a life of a charity worker oversees and what their life is like with the work they do. <p>The Influence of Art and Music</p> <ul style="list-style-type: none"> • How is art used in Hinduism and how has it been used to influence peace and demonstrate their beliefs? • How is music used across religion and what emotions does it draw on? • How is dance used in some religions as a form of expression? • Mindfulness techniques and mental health; music, art, movement and relaxation • How can I use mindfulness to help my own mental wellbeing? • How do different types of music create different emotions and when can music be used to express these alongside dance?
YEAR 5	<p>Beliefs And Practices</p> <ul style="list-style-type: none"> • What similarities and differences are there across the different religions? • How are these relatable to our own lives? • How are these demonstrated in modern society? • How does culture influence religion and what cultures make up our school community that we work within every day? 	<p>The Influence of Hymns, Prayers and Stories</p> <ul style="list-style-type: none"> • How do hymns, prayers and stories help people to understand more about themselves? • How can they be used to draw on for knowledge in order to help us in our everyday lives? • How can they help us to solve problems and dilemmas? • Who am I? • How do I develop resilience and self-belief? 	<ul style="list-style-type: none"> • Leaders and Prophets • Who are the different leaders across the different religions? • What have they taught us about how to live our lives well? • How can we reflect on these teachings and how can they influence our daily life? • What are the qualities of a good leader? • How do we develop team building and communication skills?

<p>Special Days & Celebrations</p> <ul style="list-style-type: none"> • Initiations across religions and their meanings • What initiations have we experienced in our lives? • How do you know you 'belong' somewhere or to something? • How does social media influence your feeling of belonging in a positive and in a negative way? 	<p>Prayer, Meditation & Fasting</p> <ul style="list-style-type: none"> • What is the importance of each for different people and for myself? • How do people pray across religions and can prayer be used differently for non-faith followers? • What is meditation in Buddhism and how do non-religious people use meditation to develop peace and well-being? • What does fasting really mean and what are the challenges it brings? • Why is sleep so important for good mental health? • How do we develop good sleep skills and techniques in order to embrace better sleep for our mental health? 	<ul style="list-style-type: none"> • How will these skills help us in our lives now and in the future? • What our aspirations for the future in the world of employment and adulthood? <p>Iconography In Religion and Society</p> <ul style="list-style-type: none"> • What are the visual images and symbols across religions? • How there are similarities and differences of these depictions • Why is Islam different when it comes to considering depictions, symbols and images? • How does imagery affect our depiction or ourselves and our own body image? • How does social media impact on our view of self; both positively and negatively? • How do we develop 'self respect and positive body image' for ourselves?
<p>Beliefs And Practices</p> <ul style="list-style-type: none"> • What similarities and differences are there across the different religions? • How are these relatable to our own lives? • How are these demonstrated in modern society? • How does culture influence religion and what cultures make up our local community that we see and live amongst every day? <p>Special Days & Celebrations</p> <ul style="list-style-type: none"> • Initiations across religions and their meanings • What initiations have we experienced in our lives? • How do you know you 'belong' somewhere or to something? • How does social media influence your feeling of belonging in a positive and in a negative way? 	<p>The Influence of Hymns, Prayers and Stories</p> <ul style="list-style-type: none"> • How do hymns, prayers and stories help people to understand more about themselves? • How can they be used to draw on for knowledge in order to help us in our everyday lives? • How can they help us to solve problems and dilemmas? • Who am I? • How do I develop resilience and self-belief? <p>The Difficulty Of Holding Beliefs and Values</p> <ul style="list-style-type: none"> • What are 'beliefs/values' and why can they be difficult to uphold? • How are morals challenged in everyday life? • When does religion demonstrate morality being challenged through a story or piece of text? • Forgiveness • Why is it important to forgive? • What does God teach us about forgiveness? • Should we always forgive? • Consider different scenarios and circumstances; can we always forgive, should we always forgive? • Look at real life stories from the media around forgiveness and consider your own viewpoint on this and if you would have felt/acted the same? • Consider the influence of peer pressure and how this can influence your own moral compass. • When can peer pressure be positive/negative with regards to influencing you. 	<p>Women in Religion and Society</p> <ul style="list-style-type: none"> • What can we learn from the stories about women in religious texts? • Look at stories from the Hebrew Bible that feature women to see what can be learnt from their beliefs, actions and character. • What does Buddhism say about 'Unity' and the importance of equality? • When do we see equality and inequality in the modern world and how does this compare to it historically in our country? • What is 'gender stereotyping'? • When can it occur and how • How could it affect our own lives and how can we deal with it? <p>How And Why Are We Here?</p> <ul style="list-style-type: none"> • What is our purpose and why were we created? • What do different stories from religions tell us about how we were created? • What are the similarities and differences between the Old Testament in the Bible and the Qur'an? • What do religions and science say about each other's theories? • Can religion and science co-habit? • What do the specialists say such as famous astrologers and religious leaders? • What is my own viewpoint on this? • What is my interpretation of the meaning of life?

