



Nursery Curriculum News

Autumn 1 2026

England
Miss Haddlesey
Mrs Niazi

We're excited to start our new topic "Me and My Nursery", where the children will be learning all about themselves, their families, friends, and their nursery environment.

Personal Social Emotional Development

We are encouraging children to talk about their feelings, share their likes and dislikes and learn how to play kindly. We'll also be building confidence in trying new activities and making choices independently.

How you can help at home:

- Encourage your child to put on their own coat and shoes.
- Give small responsibilities (e.g., tidying toys, choosing clothes).
- Practice toileting routines with lots of praise.

Communication, Language and Literacy

We'll be sharing "All About Me" books, talking about families, and listening to stories about friendship and belonging. Children will learn new words to describe themselves and practice mark-making and name recognition.

How you can help at home:

- Read stories together and talk about the characters.
- Encourage your child to talk about their day.
- Support them in recognising their name in writing.

Mathematics

We'll be exploring numbers through counting friends, comparing heights, sorting objects, and finding shapes in the nursery environment.

How you can help at home:

- Count everyday objects (stairs, fruit, toys).
- Talk about sizes (big, small, tall, short).
- Spot shapes when out and about.

Understanding the World

We'll be talking about families, where we live, and exploring our nursery. Children will look at similarities and differences between themselves and friends and celebrate how we are all unique.

How you can help at home:

- Share family photos and talk about who is in them.
- Talk about special family traditions.
- Notice changes in the weather or environment together.

Expressive Arts and Design

Children will create self-portraits, design "All About Me" collages, sing nursery songs, and role-play everyday routines.

How you can help at home:

- Provide crayons, pencils, and paper for drawing.
- Sing favourite songs together.
- Encourage pretend play (shops, cooking, dressing up).

Funky Fingers

We'll be strengthening our hands with threading, cutting, playdough, and building activities to get ready for early writing skills.

How you can help at home:

- Play with playdough or clay.
- practice using scissors safely.
- Try puzzles, threading beads, or building with blocks.

Reminders

- Please provide clothing suitable for all weathers (raincoats, hats, wellies, sunhats as needed). Labelled
- Spare clothes including underwear and socks in their bag, also labelled.

Thank you for your continued support. We are looking forward to a fun-filled start to the term!

Warm regards,
The Nursery Team